

IS IT TIME TO DOWNSIZE?

YOUR PERSONAL CHECKLIST



	YES	NO	SOMETIMES
Am I mobile?			
Do I need help with daily tasks (dressing, bathing, etc.)?			
Can I still mow the lawn or shovel the snow?			
Can I go shopping by myself?			
Can I look after my own banking and bill payments?			
Am I comfortable living alone?			
Do I have trouble going up/down stairs?			
Do I have independent outings?			
Can I clean my house? (Do I want to?)			
Can I do laundry? (Do I want to?)			
Can I still cook for myself? (Do I want to?)			
Does my house feel too big for me?			
Do I truly enjoy my home?			
Can I take care of expenses (utilities, taxes, etc.)?			
Does the house need repairs/renovations?			
Is the house a safe place for me?			
Has the neighbourhood changed?			
Do I have loved ones nearby?			
BENEFITS OF DOWNSIZING			
BENEFITS OF STAYING PUT			